

Health Start for Students

Appointments / Questions Call M - F, 9 - 4 651-412-8445

We provide telehealth and in-person care for all youth ages 11+

We bill insurance if you have it. We will not bill you.

Parent consent is needed for some but not all care.

Care is available M-F, 8 – 4 Call to find out which clinics are open on the day you'd like to be seen.

<u>Medical care</u> sports physicals, testing, treatment, vaccines

<u>Mental health support</u> therapy, group care

Nutrition counseling disease prevention, education, fitness instruction

<u>Health education</u> stress management, sex ed Clinics are open at:

- Gordon Parks
- Harding
- Como
- Central
- Highland
- Johnson
- Washington Tech
- (Humboldt opens in October)

You are also welcome for care at:

- La Clinica
 153 Cesar Chavez St, St Paul
- East Side
 895 E 7th St, St Paul

teen and parent resources

